

Computed Tomography (CT) Instruction Leaflet

Please refer to the Computed Tomography Patient Information and Consent Form for this examination and fill it out **before** the examination. You may print out the Patient Information in advance, read it at leisure, fill it and bring it for the examination. Or ask our staff to give you the Patient Information and Consent Form at DZU, and fill it out on-site. We will be glad to answer any questions you may have before the examination.

Contrast material preparation

The following CT examinations may require an injection of contrast material:
Head, Neck, Chest, Abdominal Cavity.

Please keep the following in mind:
Do not eat any food at least 3 hours before the examination.
Non-carbonated water and unsweetened tea are allowed.

If you are known to suffer from **impaired kidney function** we need a recent blood report (no older than 2 months) for this examination. The blood report must include your creatinine level.

If you are known to suffer from **thyroid disease** we need a recent blood report (no older than 2 months) for the examination. The report must include your TSH level.

If you take **medication against high blood sugar** (oral anti-diabetic agents), please do not take the medication on the day of the examination because some of these medications should not be taken when contrast material is administered. In any case, please bring the medication pack or the package insert or the name of the medication when you come to DZU. You will receive further instructions before the examination.
Please take all other medications as usual.

Examination preparation

Special preparations are needed for a **virtual colonoscopy**.
You will find exact instructions under "Patient's Preparation for the Large Intestine Examination (Irrigoscopy, virtual colonoscopy)".

General information about the examination

- At DZU we do not perform CT examinations in pregnant women.
- Please make an appointment for this examination - either by phone, fax or e-mail.
- Please bring the following when you come for the examination:
 - Your **E-card**
 - **Original referral approved by the senior doctor of your insurance company** (the referral should not have expired)
(If the approval has been obtained by fax or e-mail we additionally need the original referral issued by the referring doctor).
 - **Previous images / Previous reports** (concerning the area to be examined)
- If you are a minor you must be accompanied by a guardian or should bring your guardian's written consent when you come for the examination.

Your examination is on at hrs.
Please come to DZU 15 minutes before the appointment.
Please cancel your appointment by phone if you are unable to come - preferably one day before the examination.

Images and reports can be picked up on the next business day as of 5p.m.